



# Acetaminophen (Tylenol), Ibuprofen (Advil/Motrin) and Diphenhydramine (Benadryl) Dosing Guide

Acetaminophen: dose every 4 hours as needed

\*\*for kids >6 WEEKS only

| Weight (lbs) | Infant's Non-Concentrated Drops (160/5mL) | Children's Suspension (160mg/5mL) | Junior Strength Chewable Tabs (160mg) | Regular Strength Tabs (325mg) | Extra Strength Tabs (500mg) |
|--------------|---|-----------------------------------|---------------------------------------|-------------------------------|-----------------------------|
| 6-8          | 1.25 mL                                   | 1.25 mL                           |                                       |                               |                             |
| 9-11         | 2 mL                                      | 2 mL                              |                                       |                               |                             |
| 12-17        | 2.5 mL                                    | 2.5 mL                            |                                       |                               |                             |
| 18-23        | 3.75 mL                                   | 3.75 mL                           |                                       |                               |                             |
| 24-29        | 5 mL<br>(1 teaspoon)                      | 5 mL                              | 1 tablet                              |                               |                             |
| 30-34        | 6.25 mL                                   | 6.25 mL                           | 1 tablet                              |                               |                             |
| 35-46        | 7.5 mL<br>(1 1/2 tsp)                     | 7.5 mL                            | 1 1/2 tabs                            |                               |                             |
| 47-74        |   | 10 mL                             | 2 tabs                                | 1 tablet                      |                             |
| 75           |   | 15 mL                             | 3 tabs                                |                               | 1 tablet                    |

Ibuprofen: dose every 6-8 hours as needed

\*\*for kids >6 MONTHS only \*\*\*note infant's vs children's conc.

| Weight (lbs) | Infant's Concentrated Drops (50mg/1.25 mL) | Children's Suspension (100mg/5mL) | Junior Strength Tabs (100mg) | Regular Strength Tabs (200mg) |
|--------------|--|-----------------------------------|------------------------------|-------------------------------|
| 12-16        | 1.25 mL (50mg)                             | 2.5 mL (50mg)                     |                              |                               |
| 17-21        | 1.875 mL                                   | 3.75 mL (75mg)                    |                              |                               |
| 22-32        | 2.5 mL (100mg)                             | 5 mL (100mg)                      |                              |                               |
| 33-43        | 3.75 mL                                    | 7.5 mL                            |                              |                               |
| 44-54        | 5 mL                                       | 10 mL                             | 2 tabs                       | 1 tab                         |
| 55-65        |  | 12.5 mL                           | 2 1/2 tabs                   | 1 tab                         |
| 66-87        |  | 15 mL                             | 3 tabs                       | 1 tab                         |
| 88           |  | 20 mL                             | 4 tabs                       | 2 tabs                        |

Benadryl: dose every 6 hours as needed for allergic reactions

| Weight (lbs) | Elixir<br>(12.5mg / 5 mL) | Fast Melt<br>Chewable Tabs<br>(12.5mg) | Adult tabs/caps or<br>quick dissolve<br>strips<br>(25mg) |
|--------------|---------------------------|--|--|
| 15-19        | 2.5 mL (1/2 tsp)          |  |  |
| 20-26        | 3.75 mL                   |  |  |
| 27-39        | 5 mL                      | 1 tab                                  |  |
| 40-54        | 7.5 mL                    | 1 1/2 tab                              |  |
| 55           | 10 mL                     | 2 tabs                                 | 1 tab/cap/strip  |