



Mental Health Services

Mental health services are now available at Tanque Verde Pediatrics by our Licensed Clinical Social Worker, Crystal McCown. Please see our website for her bio and credentials!

Patients who make use of this service have an option of short term solution focused therapy of 4-6 sessions. Parents, patients, and our doctors will work together to determine the next course of action which may include continued therapy with a community provider. Our hope is to help create a bridge of support for our patients while they find the best care for their ongoing mental health needs.

Please note that currently, this is a self-pay module, due at the time of your visit. If allowed within your insurance carrier/policy, a superbill receipt will be provided for potential reimbursement. This benefit is usually considered as an Out of Network Provider and the amount paid out of pocket usually goes toward your annual deductible. We are in the process of credentialing with our major carriers, so that we may assist in this process for you.

The costs and sampling of services available are as follows (but not inclusive):

Service	Notes	Charge	Time
New patient evaluation		\$115	60
Psychotherapy		\$80	45
Crisis Counseling	*typically pd by insurance	\$150	30
Post Partum Depression		\$75	45
Group Therapy		\$40	45
Family Therapy	*ie. eating disorders, other needs	\$75	45

Thank you for your time and consideration. Our mental health providers will also help find a transitional, more long-term therapist in the community if warranted, while the patient is getting acute services here.

Please discuss these options with your primary care provider if you have any questions.