

Tucson Activities for Trans and Non-Binary Youth



Thornhill-Lopez Center on 4th

526 N. 4th Avenue

(520) 547-6106

Email: tlc4@saaf.org

Open M-F 3pm to 7pm, and some Saturdays

<https://www.saaf.org/hiv-prevention-and-testing/tlc4/>

The Thornhill Lopez Center on 4th (TLC4) is a SAAF place for LGBTQ+ and allied youth ages 13-24 to visit in order to access a variety of services to support their health and well-being. TLC4 provides critical services and support for youth that need support.



Eon Youth Program

Free, youth-driven program that works to strengthen Tucson's LGBTQ+ and straight-ally youth communities by providing a safe drop-in space for youth, ages 13-23.

<https://www.facebook.com/eonyouth>



THEM Youth Ensemble

LGBTQ+ youth music ensemble open to singers ages 13-24, no experience required.

<https://www.themyouth.org>



SCHOOL OF DRAG

Ages 13 and up

School of Drag is a *FREE* performance art program provided by MOCA Tucson, with support from the Community Foundation for Southern Arizona LGBTQ+ Alliance Fund. No performance experience necessary!

STAY GOLD

Ages 13 and up

Stay Gold is a *FREE* LGBTQIA+ arts program that leads participants on a journey of self-discovery as they learn to create dioramas inspired by their own stories. Program support is provided by the UA Institute for LGBT Studies.

MAPPING Q

The University of Arizona Museum of Art Mapping Q is a series of virtual art workshops for Arizona LGBTQ+ youth ages 14-24. Participants explore topics of art-making, self-care and harm reduction.

<https://artmuseum.arizona.edu/mapping-q>

Email: cifarrar@arizona.edu



Rainbow Reads Book Club
(currently online)

<https://pima.bibliocommons.com/events/61ba61093148572f005514a5>



Online Resources

General Information

- Gender Spectrum <https://www.genderspectrum.org>
- The Trevor Project <https://www.thetrevorproject.org/>
- *Transgender Children & Youth: Understanding the Basics* (Human Rights Campaign): <https://www.hrc.org/resources/transgender-children-and-youth-understanding-the-basics>
- *How to Support Your Transgender or Nonbinary Child* <https://rightsrain.uwmedicine.org/life/parenthood/transgender-nonbinary-youth>
- GLAAD Transgender Resources <https://www.glaad.org/transgender/resources>

Parents, Families, and Allies

- Trevor Project *Guide to Being an Ally* <https://www.thetrevorproject.org/wp-content/uploads/2021/07/Guide-to-Being-an-Ally-to-Transgender-and-Nonbinary-Youth.pdf>
- Family Acceptance Project <http://familyproject.sfsu.edu/>
- Gender Diversity Education & Support Services <http://www.genderdiversity.org>
- FreedHearts <https://www.freedhearts.org/parents>
- Trans Youth Equality Foundation <http://www.transyouthequality.org>

Teens and Young Adults

- Gender Spectrum Teens <https://www.genderspectrum.org/explore-topics/teens/>
- Valid by Brodie <https://www.validbybrodie.com/>
- Scarleteen <https://www.scarleteen.com/>
- Teens Health <http://teenshealth.org/>
- FreedHearts <https://www.freedhearts.org/>
- Teen Vogue Wellness & Identity <https://www.teenvogue.com/wellness>

Non-Binary & Genderqueer

- *What it means to be non-binary: A guide for parents* (Boston Children's Hospital) <https://discoveries.childrenshospital.org/non-binary-guide/>
- Stonewall *Being an Ally to Non-binary People* <https://www.stonewall.org.uk/about-us/news/10-ways-step-ally-non-binary-people>
- 12 Things People Get Wrong About Being Nonbinary
- <https://www.teenvogue.com/story/9-things-people-get-wrong-about-being-non-binary>

Online Support Groups

- Trevor Project (Groups, ages 13-24) <https://www.trevorspace.org>
- Gender Spectrum Support Groups <https://lounge.genderspectrum.org/>

Advocacy and Legal Resources

- National Center for Transgender Equality (NCTE) <https://transequality.org/>
- Transgender Law Center <https://transgenderlawcenter.org>
- Human Rights Campaign (HRC) <http://www.hrc.org>
- National Center for Lesbian Rights <http://www.nclrights.org>
- PFLAG <https://pflag.org>
- Lambda Legal <https://www.lambdalegal.org>
- Transgender Legal Defense & Education Fund <https://transgenderlegal.org>

